



A crisp, whole wheat and whole grain rice cereal sweetened with real cinnamon. This single serve, ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack. General Mills is foodservice share leader in ready-to-eat cereal. Perfect for use in lodging and healthcare.



Product Information:

PRODUCT CODE:	11815000
UPC:	16000118157
GTIN:	10016000118154
UNIT SIZE:	1
CASE COUNT:	96
ATTRIBUTES:	No Artificial Flavors
	1 oz. Eq. Grain
	Zero Trans Fat
	No Colors from Artificial Sources
	Whole Grain
	No Gelatin
	No High Fructose Corn Syrup

Ingredients & Allergens

Whole Grain Wheat, Sugar, Rice Flour, Canola and/or Sunflower Oil, Fructose, Maltodextrin, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Caramel Color, Rosemary Extract. BHT Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

CONTAINS WHEAT AND SOY INGREDIENTS.

Preparation Instructions

Ready to eat

Package Information:

NET WEIGHT:	N/A
VOLUME:	1.8 CF
HEIGHT:	14.1
LENGTH:	16.8
WIDTH:	96
CASE SIZE:	13

Nutrition Facts

Serving Size		1 bowl (28g)	100 g (100g)
		As Packaged	As Packaged
Calories		110	404
		% DV	
Total Fat	2g	3%	9g
Saturated Fat	0g	-	1g
Trans Fat	0g		0g
Cholesterol	0mg	-	0mg
Sodium	160mg	7%	569mg
Total Carbohydrate	22g	8%	80g
Dietary Fiber	2g	8%	7g
Total Sugars	8g	-	30g
Incl. Added Sugars	8g	16%	30g
Protein	2g		6g
Vitamin D	3µg	10%	10µg
Calcium	80mg	6%	317mg
Iron	2mg	10%	9mg
Potassium	0mg	-	207mg
Vitamin A	-	6%	
Vitamin C	-	6%	
Thiamin	-	10%	
Riboflavin	-	6%	
Niacin	-	6%	
Vitamin B6	-	10%	
Folate	-	10%	
Folic Acid	30µg	-	110µg
Vitamin B12	-	10%	
Zinc	-	10%	
Water	-	-	2g
Ash	-	-	3g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

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Product Photos:

