



Recipe Production

Printed: 07/10/2025 2:10

Recipe Number: OU027

Recipe Name: Roasted Sweet Potato

Hot: Yes

Recipe Source: TBD

HACCP Process Category:

Same Day

Serving Description: 1/2 Cup (2.45oz.)

Projected Yield

Actual Yield

Quantity	Serving Size	Quantity	Serving Size	Leftovers	Disposition
100	1/2 Cup				

Labor

Employee Name	Start Time	Stop Time	Total Time	Rate

Stock Number	Description	Amount 1	Measure 1	Amount 2	Measure 2	Location
9586	POTATO SWEET YAM 40 LB	19	Pound	5 1/2	Ounce	(Unassigned)
1011	SALT KOSHER	3	Tbsp			(Unassigned)
1311	OIL OLIVE CANOLA BLEND 10 L	2 1/4	Cup			(Unassigned)
1555	SPICE ROSEMARY	1/2	Cup			(Unassigned)

Cooking Instructions

Cooking Temperature: 0

Cooking Times: Hours: 0

Minutes: 0

Pre-Preparation Instructions

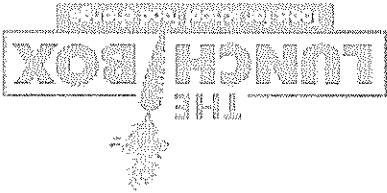
1. Preheat oven to 375 degrees F.
2. Wash and scrub sweet potatoes.
3. Chop into large wedges or dice.

Preparation Instructions

1. In large bowl, toss together chopped sweet potatoes, salt, olive oil, and rosemary.
2. Place the sweet potatoes on lined sheet pans and bake for 25 minutes at 375 degrees F.
3. Hold hot until service above 140 degrees F.

Serving Instructions

Serving = 1/2 cup



Recipe Production

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Nutrient	Unit	Recipe Value	Nutrient Value per 100 Grams	Nutrient Value per Serving	% of Calories	Missing Value
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Food Energy	kcal	11,481.0771	122.7880	114.8108		
Saturated Fat	g	33.9978	0.3636	0.3400	2.67	*
Sodium	mg	25,774.2831	275.6512	257.7428		
Total Trans	g	0.0000	0.0000	0.0000		*
Total Fat	g	457.9696	4.8979	4.5797	35.90	*
Cholesterol	mg	0.0000	0.0000	0.0000		
Carbohydrate	g	1,772.8497	18.9603	17.7285	61.77	
Total Dietary Fiber	g	268.3076	2.8695	2.6831		
Protein	g	138.9458	1.4860	1.3895	4.84	
Vitamin A (RE)	RE	176,350.4582	1,886.0356	1,763.5046		
Vitamin A (IU)	IU	1,248,188.4890	13,349.1455	12,481.8849		
Vitamin C	mg	232.6174	2.4878	2.3262		
Calcium	mg	2,764.2366	29.5630	27.6424		
Iron	mg	58.8135	0.6290	0.5881		
Moisture	g	6,780.9024	72.5205	67.8090		*
Ash	g	140.7598	1.5054	1.4076		*

Stock Number	Description	Units per Case	Location	Cases	Broken Units	Broken Unit	Actual Used
9586	POTATO SWEET YAM 40 LB	1.00 (Unassigned)		19	0.34 LB		/
1011	SALT KOSHER	1.00 (Unassigned)		0	0.04 BOX (3 LB)		/
1311	OIL OLIVE CANOLA BLEND 10 L	1.00 (Unassigned)		4	0.86 CONTAINER		/
1555	SPICE ROSEMARY	1.00 (Unassigned)		0	0.08 LB		/

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