

## **CMI BUTTERMILK PANCAKES 4"**

SKU: 068615110365

GTIN: 10686151103653 Piece Weight: 1.25 oz

Pieces Per Case: 144

Case Net Weight: 11.25 lbs.
Cast Gross Weight: 12.45 lbs.

Case Dimensions: 17.438 x 13.189 x 7

Case Cube: .93 Tie/High: 8/10

Storage Temperature: 0°F or lower

Shelf Life: 365 Days

Kosher: Yes

Child Nutrition: 2 pancakes = 2.00 bread servings (based on 16gm/svg.)

Category C: 2.00 bread servings

## **Preparation and Heating Instructions:**

Pancakes give best results when thawed overnight under refrigeration. To thaw, place frozen pancakes on a sheet pan in an overlapping single layer and then tightly seal pan with foil. Place in refrigerator for 6-8 hours until ready to heat.

Bake pancakes in sealed pans in conventional oven preheated to  $400^{\circ}$ F for 7-8 minutes.

Bake pancakes in sealed pans in convection oven preheated to 350°F using low fan speed for 3-4 minutes.

## Microwave Oven:

Set oven on full power (High). Place frozen pancakes on a microwave safe dish. Do not cover.

<u>Portion: 2 pancakes 3 pancakes 5 pancakes</u> 1000W 1:00 min. 1:00-1:15 min. 2::00-2:20 min.

## **NUTRITION FACTS**

Serving Size: 3 pancakes (105 grams)

Servings Per Case: 48

Amount Per Serving

Calories: 230 Calories from Fat: 45

	% Daily Value*
Total Fat: 5g	8%
Saturated Fat: 0g	0%
Trans Fat: 0g	
Cholesterol: 10mg	3%
Sodium: 530mg	22%
Total Carbohydrate: 47g	16%
Dietary Fiber: 1g	4%
Sugars: 10g	
Protein: 5g	

Calcium: 4% Iron: 15%

Ingredients: Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Buttermilk, Whey, Sugar, Dextrose, Defatted Soy Flour, Contains 2% or less of: Soybean Oil, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Eggs, Salt, Soy Lecithin (an emulsifier).

Contains: Egg, Milk, Soy and Wheat

Gil Boldt

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Updated 4.10.13

<sup>\*</sup>Percent daily values are based on a 2,000 calorie diet. Your daily value may be higher or lower, depending on your calorie needs.